

WILSON COUNTY SUBSTANCE PREVENTION COALITION

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WCSPC HISTORY

The Wilson County Substance Prevention Coalition was established in April 2007. The coalition is organized for the charitable purpose of reducing substance misuse by addressing factors in the community that increases the risk of substance misuse and promoting the factors that minimize that risk.

Recovery Concepts Community Center (RC3) is a community recovery center and an initiative of The Wilson County Substance Prevention Coalition, created in 2017. This community center is for those working to sustain and maintain their recovery from substance use disorders can visit the center to take part in educational opportunities, group meetings, social events, or just to hang out in a place that is recovery informed, friendly, and healthy.



Wilson County Substance Prevention Coalition staff picture

(from left to right) Anna Davis, Pamela Letchworth, Ashlie Smith, Jeff Hill, Morgan Miller

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TRAINING OPPORTUNITIES

- **Adult Mental Health First Aid** - January 10, 8:30am
- **Overdose Awareness & Recovery Resources Event** @ Wilson County Public Library Branches - January 25, 10:00am

“Sometimes the smallest step in the right direction ends of being the biggest step of your life. Tiptoe if you must, but take the step.”
- **Naeem Callaway**

PARTNER PORTION

This month's Partner Portion is Eastpointe, our LME-MCO. Visit their website at www.eastpointe.net

Of the many behavioral health issues on which Eastpointe engages Wilson County residents, I'd like to highlight two: providing Mental Health First Aid (MHFA) training and helping fight our opioid crisis.

As Wilson recovers from COVID, residents' mental health needs have increased. To help, more community members need to be able to recognize mental health warning signs and direct those in need to the necessary care and resources. That's what our MHFA trainings teach.

In Wilson, during our most recent fiscal year, we delivered trainings for Barton College, the county's DSS and Health Department, Hope Station, the Housing Authority, the library, the United Way, the Wesley Shelter, the Wilson County School District, Wilson Forward, and the Wilson YMCA. We also offered a session for county residents.

To address the opioid crisis, we've typically focused on preventing overdoses through naloxone distribution to county first responders. This past year, however, Eastpointe partnered with Community Impact North Carolina to expand the scope of the substance use resources it delivered. Our goal was to take a more holistic approach to help Wilson stop the opioid epidemic and, just as important, fentanyl's growing presence.

In addition to naloxone, our deliveries included medication lockboxes and pouches designed to ensure medicines are stored safely and are only available to the prescription holder.

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We also delivered prescription disposal pouches, which make it easy to deactivate and safely dispose of unused, unwanted, or expired drugs. Our deliveries provided Wilson County with over 1,600 individual substance-use resources.



MEMBER SPOTLIGHT

Greetings, my name is Ashlie Smith. I have always had a desire to work with youth in various capacities. Currently, I am the Youth Grant Coordinator for the Strategic Prevention Framework (SPF) Grant at the Wilson County Substance Prevention Coalition. The purpose of the SPF Grant is to prevent the onset and reduce the evolution of substance misuse among youth on a community and state level.

My alma maters are Mount Olive College and Liberty University. I received my undergraduate degree in Clinical Psychology and my Master's in Human Services Counseling with a concentration in Military Resilience. Over the last twelve years, I have devoted my career to providing education and resources to youth.

Ashlie Smith at SAMHSA's Prevention Day



HIGHLIGHTS IN THE COMMUNITY

We had our Christmas Open House on December 14, 2023. Many community members came and brought their donations for the Christmas Food & Toy Drive we were doing! We were able to sort and wrap the donations with our Youth Coalition members and then bring to those in need! Thanks again to everyone who participated!



UPCOMING EVENTS

- **Recovery Through Art** - January 11, 6:30pm
- **Expungement Clinic** - January 25, 11:00am
- **Overdose Awareness & Recovery Resources Event @ Wilson County Public Library Branches** - January 25, 10:00am
- **Recovery Through Art** - February 8, 6:30pm
- **Easy Does It Café** - Mondays 6:00pm
- **Veteran's Expression Support Group** - Wednesdays 7:00pm
- **Open Alcoholics Anonymous Meeting** - Wednesdays 7:00pm
- **Open Narcotics Anonymous Meeting** - Saturdays 10:30am

Picture from Easy Does It Cafe



CONTACT US

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or by

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Or [click here](#) to leave an anonymous comment/suggestion