

WILSON COUNTY SUBSTANCE PREVENTION COALITION

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WCSPC HISTORY

The Wilson County Substance Prevention Coalition was established in April 2007. The coalition is organized for the charitable purpose of reducing substance misuse by addressing factors in the community that increases the risk of substance misuse and promoting the factors that minimize that risk.

Recovery Concepts Community Center (RC3) is a community recovery center and an initiative of The Wilson County Substance Prevention Coalition, created in 2017. This community center is for those working to sustain and maintain their recovery from substance use disorders can visit the center to take part in educational opportunities, group meetings, social events, or just to hang out in a place that is recovery informed, friendly, and healthy.



Wilson County Substance Prevention Coalition staff picture

(from left to right) Cordain Dancy, Lucy Cruz, Anna Harris, Ashlie Smith, Daeqwon Currie, Jeff Hill, Yolanda Outlaw, and Pamela Letchworth.

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IN THE COMMUNITY

In June we attended the Wilson Pride Vendor & Resource Fair! We enjoyed being a part of this event! We're also grateful for everyone who stopped by our table and picked up our prevention materials! We distributed over 50 prevention items that are now actively being used within the community!

If you or someone you know would be interested in obtaining a FREE Naloxone, Medication Lockbox, Lock Bag, Cabinet Lock, or Disposal Kit feel free to contact us today at (252)991-7267!

Picture from the Pride Festival



PARTNER PORTION

Oxford House is a non-profit, democratically run, self-sufficient organization of recovery homes. Oxford House started in 1975 with the goal to help the next addict, or alcoholic learn to live again without the use of alcohol or drugs. We have 2 houses in Wilson County, over 320 houses in the state of North Carolina, over 4,200 houses in the nation and we have houses in four other countries, England, Australia, Canada, and Ghana.

Oxford House is a recovery house, so we pride ourselves on recovery, responsibility and replication. We have no house managers only individuals in the house running the house in a democratic fashion, meaning everything is a house vote. So, whether the individuals in the house want to change the thermostat, pay a bill or even ask someone to leave, it is a house vote, in which the house needs at least 51% for the vote to be passed. The only exception is to vote someone in the house. The house needs at least 80% of the vote for someone to be accepted into the house.

Each house does have their own set of house guidelines, which everyone must follow for them to continue to reside there. Most of them being simple as to keeping their rooms neat and clean, clean up after them self's, doing chores on a regular basis, going to their required meetings and do not return to the use of alcohol or drugs. We are self-supporting, so each resident does have to pay their fair share to keep up with the household expenses.

We do accept residents who don't have income, and they are required to get a job within a certain time frame, or if a resident receives a monthly income (social security, disability) they are required to do volunteer work.

We are all here to recover and learn how to live again without the use of alcohol and drugs. And for someone who lives in an Oxford House for 12-15 months, the success rate of them staying clean and sober for the rest of their lives, is 87%



Oxford House staff posing for our Recovery Ally Campaign in 2024

UPCOMING EVENTS

- **Recovery Through Art** - July 10, 6:30pm
- **Recovery Through Art** - July 22, 6:30pm
- **Live Life In Color Run** - September 6
- **Easy Does It Café** - Mondays 6:00pm
- **Open Alcoholics Anonymous Meeting** - Wednesdays 7:00pm
- **Coping & Recovery Learning Sessions Group** - Fridays 9:00am
- **Open Narcotics Anonymous Meeting** - Saturdays 10:30am

MEMBER HIGHLIGHT

My name is Lucy Cruz, and I proudly serve as the phlebotomist for the Wilson County Substance Prevention Coalition, working primarily on our mobile unit. I am driven to making a difference through services that reach and support the community.

Outside of work, I enjoy traveling, crafting, and spending quality time with my husband, daughter, and family.

Since earning my phlebotomy certification in 2016, I've gained over seven years of hands-on experience in both hospital and clinical setting. Most recently, I earned my Recovery Coach certificate from the Recovery Coach Academy, expanding my ability to guide, support and and serve as a trusted resource in individuals' recovery journeys.

Before joining WCSPC, I worked with another nonprofit where I conducted testing for HIV, hepatitis C, syphilis, gonorrhea, and chlamydia. I also managed specimen collection, packaging, lab send-outs, and ensured accurate tracking of results and confidential client records.

In addition to my role in healthcare, I also serve as a lead teacher at Wilson Youth United DBA The Spot Afterschool program, where I work closely with youth, helping guide and empower them as they grow, laying the groundwork for stronger, brighter futures.

One of my greatest strengths as a professional is being bilingual in both English and Spanish. This allows me to build strong, trusting relationships with diverse individuals, and ensure clear understanding. Language barriers can often prevent individuals from seeking or fully understanding healthcare services. By bridging that gap, I help ensure that everyone receive the support, respect, and care they deserve.



Picture of
Lucy Cruz

TRAINING OPPORTUNITIES

- **Full Coalition Meeting @ Wilson County Agricultural Center - September 25, 10:00am**

CONTACT US

[Click here](#) to leave us a message

or by

Phone: (252)991-7267

Email: anna@wilsonrc3.org

Website: www.wilcoprevention.org

Facebook: [@wcspc.nc](https://www.facebook.com/wcspc.nc)

Instagram: [@wcspc.nc](https://www.instagram.com/wcspc.nc)

Linktree: linktr.ee/wcspc.nc

*Address: 2860 Ward Boulevard, Suite C,
Wilson, NC 27893*

Or [click here](#) to leave an anonymous comment/suggestion