



# Recovery Resource Guide

## Wilson County, NC

Please note, the information in this guide is subject to change. For questions regarding the resources listed, contact Eastpointe at 1-800-913-6109



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## Quick Reference Numbers

<b>Location</b>	<b>Number</b>
<b>Eastpointe-</b> Substance Use and Mental Health Referral Service	1-800-913-6109
<b>Easter Seals</b> - Mobile Crisis	1-866-241-7245
<b>Integrated Family Services</b> – Mobile Crisis	1-866-437-1821
<b>OneCare</b> - Mobile Crisis	1-888-325-5499
<b>Wilson Crisis Center</b>	252-237-5156

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## Adult Outpatient Resources in Wilson County

Location	Type of Assistance	Finances
<b>Carolina Outreach, LLC</b> 252-291-2200 252-437-8991 (after hours crisis) 608 W Nash St. Wilson, NC <a href="http://www.carolinaoutreach.com">www.carolinaoutreach.com</a>	Substance Use Disorders Mental Health (Primarily adult but will see ages 17+)	<b>Sliding Scale:</b> Yes (IPRS/Indigent) <b>Accepts Insurance Plans:</b> BCBS, HealthChoice, IPRS/Indigent, Medicaid, Self-Pay
<b>Carolina Wellness and Counseling, PLLC</b> 252-292-5454 405 West Nash St. Suite #208 Wilson, NC <a href="http://www.carolina-wellness.com">www.carolina-wellness.com</a>	Mental Health	<b>Accepts Insurance Plans:</b> Aetna, BlueCross BlueShield, Tricare, VA Choice Card, Champ VA, Self-Pay
<b>Insight Therapeutic and Counseling Services</b> 252-814-6596 252-412-1313 (after hours crisis) 2231-H W. Nash St Wilson, NC <a href="http://www.greenvilleinsighttherapy.com">www.greenvilleinsighttherapy.com</a>	Substance Use Disorders Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> BC/BC, Champus/Tricare, Cigna, HealthChoice, Medicaid, Self-Pay
<b>Monarch</b> 252-234-7800 252-234-7800 (after hours crisis) 2693 Forest Hills Rd., Suite D Wilson, NC <a href="http://www.monarchnc.org">www.monarchnc.org</a>	Mental Health	<b>Sliding Scale:</b> Yes (IPRS/Indigent) <b>Accepts Insurance Plans:</b> BCBS, HealthChoice, IPRS/Indigent, Medicaid, Medicare, Other Private Insurance, Self-Pay
<b>One to One Youth, Inc.</b> 252-991-3985 919-648-5582 (after hours crisis) 3011 Hwy 42 W. Suite G Wilson, NC	Substance Use Disorder	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> HealthChoice, Medicaid, Self-Pay
<b>Pride In North Carolina, Inc.</b> 252-265-9200 252-245-1876 (after hours crisis) 2130 A. Forest Hills Rd. Wilson, NC	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> Yes <b>Accepts Insurance Plans:</b> BC/BS, HealthChoice, IPRS/Indigent, Medicaid, Medicare, other Private Insurance, Self-Pay

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## Adult Outpatient Resources in Wilson County Con't

Location	Type of Assistance	Finances
<b>Psychological Medicine Clinic, PA</b> 252-291-6200 910-509-2227 (after hours crisis) 1810 Westwood Ave. W Wilson, NC	Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Aetna, BC/BS, Medicaid, UBH, United Healthcare
<b>Stepping Stones CR, Inc.</b> 919-269-9300 919-434-2225 (after hours crisis) 3904-A Airport Dr. Wilson, NC <a href="http://www.steppingstonescri.net">www.steppingstonescri.net</a>	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> HealthChoice, Medicaid and Self-Pay
<b>Wilson Psychiatric Associates, A Carolina Partners Practice</b> 252-237-8403 2261 Nash St. NW Wilson, NC <a href="http://www.carolinapartners.com">www.carolinapartners.com</a>	Mental Health	<b>Sliding Scale:</b> Yes for Uninsured <b>Accepts Insurance Plans:</b> Aetna, APS Healthcare, BCBS, Cigna/CBH, Coventry, Healthnet/TriCare, Humana, Magellan, Medcost, Medicare, UBH, Value Options, Worker's Comp

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## Adult Outpatient Resources Available Outside of Wilson County

Location	Type of Assistance	Finances
<b>Antonick , Lisa Ann</b> 518-669-1798 518-669-1798 (after hours crisis) 105 North First St. Suite # 3 Pinetops, NC	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield , HealthChoice , Medicaid , Self Pay
<b>Aspire Counseling &amp; Coaching</b> 252-375-8658 223-D Commerce St. Greenville, NC <a href="http://www.greenvillecounselingandcoaching.com">www.greenvillecounselingandcoaching.com</a>	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield, Champ VA, Medcost, Self Pay
<b>ClientFirst of NC, LLC</b> 919-330-4367 919-429-1443 (after hours crisis) 2719 Graves Dr. Suite 5 Goldsboro, NC	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield, Champus/Tricare, HealthChoice, IPRS/Indigent, Medicaid , Medicare, Self Pay
<b>CrossPointe</b> 252-462-0025 Offices in Nashville and Raleigh, NC <a href="http://www.cpbcc.com">www.cpbcc.com</a>	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No Self Pay
<b>Family Works Psychological Center, PLLC</b> 919-778-8551 919-778-8551 (after hours crisis) 1410 East Ash St. Goldsboro, NC <a href="http://www.familyworkscenter.com">www.familyworkscenter.com</a>	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Aetna , Blue Cross/Blue Shield, HealthChoice, IPRS/Indigent, Magellan, Medcost, Medicaid, Medicare, Self Pay, VA Rates
<b>Fellowship Hall</b> 800-659-3381 5140 Dunstan Rd. Greensboro, NC <a href="http://www.fellowshiphall.com">www.fellowshiphall.com</a>	Substance Use Disorder	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Aetna Behavioral Health, Blue Cross Blue Shield, Carolina Behavioral Health Alliance, Cigna, ComPsych, Employee Assistance Network, FirstCarolinaCare, LifeSynch, Magellan Health Services, Managed Health Network, MEDCOST, MultiPlan, United Healthcare/United BehavioralHealth/Optum, UMR, ValueOptions / Beacon Health

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## Adult Outpatient Resources Available Outside of Wilson County Con't

Location	Type of Assistance	Finances
<b>PORT Human Services</b> 252-830-7540 Various locations throughout NC <a href="http://www.porthumanservices.org">www.porthumanservices.org</a>	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> Yes <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield, Medcost, Medicare, Aetna, CIGNA, Tricare, Magellan, CHAMPVA, Humana, United Health Care, NCHC, Medicaid Self Pay
<b>Starting Pointe, Inc.</b> 252-443-6653 252-521-4627 (after hours crisis) 301 S. Church St., Suite #270 Rocky Mount, NC <a href="http://www.startingpointe.net">www.startingpointe.net</a>	Substance Use Disorder	<b>Sliding Scale:</b> Yes for Self-Pay <b>Accepts Insurance Plans:</b> Medicaid and Health Choice – no copay
<b>Teen Challenge USA</b> 417-581-2181 855-End-Addictions Check website for desired location <a href="http://www.teenchallengeusa.com">www.teenchallengeusa.com</a>	Substance Use Disorder	<b>Sliding Scale:</b> Varies by location <b>Accepts Insurance Plans:</b> N/A
<b>Valiant Families, PC</b> 252-451-4451 252-382-0110 (after hours crisis) 1153 Jeffreys Rd. Rocky Mount, NC	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Aetna, Blue Cross/Blue Shield, Champus/Tricare, Cigna, HealthChoice, Medcost, Medicaid, Medicare, Self Pay

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## Adult Inpatient Resources

Location	Type of Assistance	Finances
<b>Fellowship Hall</b> 800-659-3381 5140 Dunstan Rd. Greensboro, NC <a href="http://www.fellowshiphall.com">www.fellowshiphall.com</a>	Substance Use Disorder	<b>Sliding Scale: No</b> <b>Accepts Insurance Plans:</b> Aetna Behavioral Health, Blue Cross Blue Shield, Carolina Behavioral Health Alliance, Cigna, ComPsych, Employee Assistance Network, FirstCarolinaCare, LifeSynch, Magellan Health Services, Managed Health Network, MEDCOST, MultiPlan, United Healthcare/United BehavioralHealth/Optum, UMR, ValueOptions / Beacon Health, Self Pay
<b>Grace Home</b> 803-854-9809 501 Ltd Rd. Vance, SC <a href="http://www.hebroncolony.org">www.hebroncolony.org</a>	Substance Use Disorder  Women Only	<b>Free</b> (\$300 Medical Deposit is required but returned if not used)
<b>Hebron Colony</b> 828-963-4842 356 Old Turnpike Rd. Boone, NC <a href="http://www.hebroncolony.org">www.hebroncolony.org</a>	Substance Use Disorder  Men only	<b>Free</b> (\$300 Medical Deposit is required but returned if not used)
<b>Teen Challenge USA</b> 417-581-2181 855-End-Addictions Check website for desired location <a href="http://www.teenchallengeusa.com">www.teenchallengeusa.com</a>	Substance Use Disorder	<b>Sliding Scale:</b> Varies by location  <b>Accepts Insurance Plans:</b> N/A
<b>Walter B. Jones</b> 252-830-3426 2577 West 5th St. Greenville, NC <a href="http://www2.ncdhhs.gov/dsohf/wbjones">www2.ncdhhs.gov/dsohf/wbjones</a>	Substance Use Disorder	<b>Sliding Scale: Yes</b> <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield, Self Pay
<b>Wilmington Treatment Center</b> 877-927-2816 2520 Troy Dr. Wilmington, NC <a href="http://www.wilmingtontreatmentcenter.crchealth.com">www.wilmingtontreatmentcenter.crchealth.com</a>	Substance Use Disorder	<b>Sliding Scale: No</b> <b>Accepts Insurance Plans:</b> Blue Cross Blue Shield, UHC/UBH, Cigna, Medcost, Aetna, Magellan, Physicians Health Plan (PHP), TRICARE provider. Accept Medicare for the portions of our

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		program that they reimburse. Self Pay
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## Adult Transitional Living Resources

Location	Type of Assistance	Finances
<b>Durham Rescue Mission</b> 919-688-9641 <b>Men:</b> 1201 East Main St <b>Women/children/in-tact families:</b> 507 East Knox St. Durham, NC <a href="http://www.durhamrescuemission.org">www.durhamrescuemission.org</a>	Men & Women Homeless Shelter and 12 Month Recovery Program, Biblical Counseling, Financial Planning, Vocational Training, GED/Education, and Employment Assistance	Free
<b>Flynn Home</b> 252-237-8320 209 Goldsboro St. N Wilson, NC <a href="http://www.flynnhomeofwilson.org">www.flynnhomeofwilson.org</a>	Men Transitional Home (Substance Use)	<b>Sliding Scale:</b> Yes (Base fee \$65-\$80 weekly-fee negotiable) <b>Accepts Insurance Plans:</b> No
<b>Freedom Farm Ministries</b> 828-964-2914 PO Box 153 Boone, NC <a href="http://www.freedomfarmministries.org">www.freedomfarmministries.org</a>	Men 40-Day Intensive Recovery Program Discipleship Living Center (average 6-8 months)	Self-Pay
<b>Healing Transitions International</b> 919-838-9800 <b>Detox:</b> 919-834-0998 or 919865-2558 <b>Men:</b> 1251 Goode St. <b>Women:</b> 3304 Glen Royal Rd. Raleigh, NC <a href="http://www.hpwc.org">www.hpwc.org</a>	Men & Women Overnight Emergency Shelter Sobering Up Center Detoxification Facility Off-The-Street Motivation Program (Recovery Track) Residential Recovery Program Health Care/Self-Care Clinic	Free
<b>St. John Transitional Home</b> 252-265-9764 119 East Pender St. Wilson, NC	Men Transitional Home (Substance Use)	<b>Sliding Scale:</b> To be determined upon interview
<b>Trosa</b> 919-419-1059 1820 James St. Durham, NC <a href="http://www.trosainc.org">www.trosainc.org</a>	Men & Women 2 Year vocational training, education, peer counseling/mentoring, leadership training, and continuing care	Free

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## Adult Support Groups

### Alcoholics Anonymous

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

[www.aa.org](http://www.aa.org)

[www.aanc91.org](http://www.aanc91.org) Visit website for additional meeting locations/times.

### AA Sunday Meetings

\*Note: Meeting times and locations are subject to change.

**CLOSED Meeting:** for those who have the desire to stop drinking

**OPEN Meeting:** open to the public

<u>Group Name</u>	<u>Time</u>	<u>Meeting Type</u>	<u>Location</u>
<b>Sunday Morning Spiritual Hour</b>	11:00 am	Open  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Roanoke Rapids Group</b>	2:00 pm	Open	1212 East 10th St. Roanoke Rapids, NC
<b>Keeping the Traditions Alive Group</b>	7:00 pm	Open Speaker  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Roanoke Rapids Group</b>	7:00 pm	Open	1212 East 10th St. Roanoke Rapids, NC
<b>Hope for Today Group</b>	8:00 pm	Closed	St Timothy's Episcopal Church 202 Goldsboro St. Wilson, NC

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## AA Monday Meetings

*\*Note: Meeting times and locations are subject to change.*

**CLOSED Meeting:** for those who have the desire to stop drinking

**OPEN Meeting:** open to the public

Group Name	Time	Meeting Type	Location
<b>Brown Bag Group</b>	12:00 pm	Open  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Serenity Group</b>	12:00 pm	Closed Discussion	First United Methodist Church 100 Green St. NE Wilson, NC
<b>Together We Live</b>	7:00 pm	Open Discussion	John 3:16 Center 158 East End Ave. Littleton, NC
<b>Primary Purpose Group of Wilson</b>	7:00 pm	Closed  Wheelchair Accessible  Child Care Provided	Raleigh Road Baptist Church 4150 Raleigh Rd. Pkwy. W Wilson, NC
<b>Turning Point Group</b>	7:00 pm	Closed  Wheelchair Accessible	Sunset Avenue Baptist Church 3732 Sunset Ave. Rocky Mount, NC
<b>Wilson Group</b>	8:00 pm	Closed	First Baptist Church 311 Nash St. NE Wilson, NC
<b>Roanoke Rapids Group</b>	8:00 pm	Open	1212 East 10th St. Roanoke Rapids, NC
<b>Grupo 30 de Noviembre</b>	8:00 pm	Closed  Spanish Meeting	Saint Mark Episcopal Church 106 Reid St. SE Wilson, NC

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## AA Tuesday Meetings

**\*Note: Meeting times and locations are subject to change.**

**CLOSED Meeting:** for those who have the desire to stop drinking

**OPEN Meeting:** open to the public

Group Name	Meeting	Meeting Type	Location
<b>Brown Bag Group</b>	12:00 pm	Open  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Vision for You Group</b>	7:00 pm	Closed	Nashville United Methodist Church 209 E. Washington St. Nashville, NC
<b>SOTTS</b>	6:30 pm	Open Discussion	Howard Memorial Presbyterian Church 303 East Saint James St. Tarboro, NC
<b>Came to Believe Group</b>	7:00 pm	Closed  Wheelchair Accessible  Child Care Provided	St Paul United Methodist Church 217 Bethlehem Rd. Rocky Mount, NC
<b>One Day at a Time Group</b>	7:00 pm	Open	First Christian Church Activity Center E 9th St. Roanoke Rapids, NC
<b>Wilson Beginners Group</b>	7:00 pm	Closed	St Timothy's Episcopal Church 202 Goldsboro St. SW Wilson, NC
<b>Roanoke Rapids Group</b>	8:00 pm	Open	1212 East 10th St. Roanoke Rapids, NC

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## AA Wednesday Meetings

**\*Note: Meeting times and locations are subject to change.**

**CLOSED Meeting:** for those who have the desire to stop drinking

**OPEN Meeting:** open to the public

Group Name	Meeting Time	Meeting Type	Location
<b>Keep it Simple</b>	10:00 am	Open	RC3 2860 Ward Blvd. Suite C Wilson, NC
<b>Brown Bag Group</b>	12:00 pm	Open  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Living Sober/Came to Believe</b>	12:00 pm	Closed	First United Methodist Church 100 Green St. NE Wilson, NC 2
<b>Just for Today Beginners Group</b>	6:00 pm	Open  Wheel Chair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Primary Purpose Group</b>	7:00 pm (Only 2nd Wednesday)	Open Speaker	ACTS Inc. 608 N Nash St. Wilson NC
<b>One Day at a Time Group</b>	7:00 pm	Open	First Christian Church Activity Center E 9th St. Roanoke Rapids, NC
<b>New Freedom Group</b>	7:30 pm	Open Womens Group  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Wilson Group</b>	8:00 pm	Closed	First Baptist Church 311 Nash St. NE Wilson NC
<b>Roanoke Rapids Group</b>	8:00 pm	Open	1212 East 10th St. Roanoke Rapids, NC

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## AA Thursday Meetings

**\*Note: Meeting times and locations are subject to change.**

**CLOSED Meeting:** for those who have the desire to stop drinking

**OPEN Meeting:** open to the public

Group Name	Meeting Time	Meeting Type	Location
<b>Brown Bag Group</b>	12:00 pm	Open  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Serenity Group</b>	12:00 pm	Closed Big Book Study	First United Methodist Church 100 Green St. NE Wilson, NC 27893
<b>Primary Purpose Group of Wilson</b>	7:00 pm	Open Speaker  Wheelchair Accessible  Child Care Provided	Raleigh Road Baptist Church 4150 Raleigh Rd Pkwy. W Wilson, NC 27896
<b>There Is A Solution</b>	7:30 pm	Open	Saint Andrews Episcopal Church 301 S. Circle Dr. Rocky Mount, NC
<b>Fourth Dimension</b>	8:00 pm	Open Candle light  Wheelchair Accessible	Carrousel Club 1210 S Wesleyan Blvd. Rocky Mount, NC
<b>Roanoke Rapids Group</b>	8:00 pm	Open	1212 East 10th St. Roanoke Rapids, NC

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## AA Friday Meetings

\*Note: Meeting times and locations are subject to change.

**CLOSED Meeting:** for those who have the desire to stop drinking

**OPEN Meeting:** open to the public

Group Name	Meeting Time	Meeting Type	Location
<b>Brown Bag Group</b>	12:00 pm	Open  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Serenity Group</b>	12:00 pm	Closed Discussion	First United Methodist Church 100 Green St. NE Wilson, NC
<b>Living Sober Women's Group</b>	2:00 pm	Closed	St. John The Baptist R.C. Church 901 Washington St. Roanoke Rapids, NC
<b>Came To Believe Group</b>	7:00 pm	Closed  Except for the last Friday of the month which is Open @ 6pm Cover Dish with 7pm Speaker  Wheelchair Accessible  Child Care Provided	Saint Paul United Methodist Church 1217 Bethlehem Rd. Rocky Mount, NC
<b>Wilson Group</b>	8:00 pm	Open Discussion Speaker-last Friday	First Baptist Church 311 Nash St. NE Wilson, NC
<b>Roanoke Rapids Group</b>	8:00 pm	Open	1212 East 10th St. Roanoke Rapids, NC

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## AA Saturday Meetings

*\*Note: Meeting times and locations are subject to change.*

**CLOSED Meeting:** for those who have the desire to stop drinking

**OPEN Meeting:** open to the public

Group Name	Time	Meeting Type	Location
<b>Sister's in Sobriety</b>	10:00 am	Open Womens Group	RC3 2860 Ward Blvd Suite C Wilson, NC
<b>Roanoke Rapids Group</b>	10:00 am	Open	1212 East 10th St. Roanoke Rapids, NC
<b>Brown Bag Group</b>	12:00 pm	Open  Wheelchair Accessible	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC
<b>Hope for Today Group</b>	7:00 pm	Closed	St. Timothy's Episcopal Church 202 Goldsboro St. SW Wilson, NC
<b>Roanoke Rapids Group</b>	7:00 pm	Open	1212 East 10th St. Roanoke Rapids, NC
<b>Saturday Night Live Group</b>	8:00 pm	Open	Carrousel Club 1210 S. Wesleyan Blvd. Rocky Mount, NC

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## Narcotics Anonymous

“NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We ... meet regularly to help each other stay clean. ... We are not interested in what or how much you used ... but only in what you want to do about your problem and how we can help.”

[www.na.org](http://www.na.org)

### NA Sunday Meetings

*\*Note: Meeting times and locations are subject to change.*

**CLOSED Meeting:** for those who have the desire to stop using substances

**OPEN Meeting:** open to the public

Group Format	Time	Meeting Type	Location
Tradition Study	7:30 pm	Open	Saint Paul’s Church 204 East Chestnut St. Goldsboro, NC
It Works How it Works	8:00 pm	Open	Church of The Good Shepherd 231 North Church St. Rocky Mount, NC (Entrance upstairs)

### NA Monday Meetings

*\*Note: Meeting times and locations are subject to change.*

**CLOSED Meeting:** for those who have the desire to stop using substances

**OPEN Meeting:** open to the public

Group Format	Time	Meeting Type	Location
Discussion/Participation	8:00 am	Open	United Christian Ministries Shelter 341 McDonald St. Rocky Mount, NC
Step Meeting	12:00 pm	Open	RC3 2860 Ward Blvd Suite C Wilson, NC
Basic Text Discussion/Participation IP Study	7:00 pm	Open  Wheelchair Accessible	Wakefield Central Baptist Church 308 Proctor St. Zebulon, NC
Basic Text	7:30 pm	Open	Saint Paul’s Church 204 East Chestnut St. Goldsboro, NC
Literature Study	8:00 pm	Open	Church House 1803 Sunset Ave. Ext Tarboro, NC

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			(Church house on road behind church)
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## NA Tuesday Meetings

\*Note: Meeting times and locations are subject to change.

**CLOSED Meeting:** for those who have the desire to stop using substances

**OPEN Meeting:** open to the public

Group Format	Time	Meeting Type	Location
<b>Discussion/Participation</b>	8:00 am	Open	United Christian Ministries Shelter 341 McDonald St. Rocky Mount, NC
<b>Beginner/Newcomer</b>	12:00 pm	Open  Wheelchair Accessible	Pinky's Palace 310 A St. Goldsboro, NC
<b>Basic Text IP Study Beginner/Newcomer</b>	12:00 pm	Open  Wheelchair Accessible	ACT Building 608 Nash St. NE Wilson, NC
<b>Unknown</b>	12:00 pm	Open	Saint Paul's Church 204 East Chestnut St. Goldsboro, NC
<b>Varies</b>	7:00 pm	Open  Wheelchair Accessible	United Christian Ministries Shelter 341 McDonald St. Rocky Mount, NC
<b>Varies</b>	7:30 pm	Closed	First United Methodist Church 203 Tarboro St. Wilson, NC (Basement)
<b>Beginner/Newcomer Step Study</b>	7:30 pm	Open	Saint Paul's Church 204 East Chestnut St. Goldsboro, NC
<b>Discussion/Participation</b>	8:00 pm	Open	Church of The Good Shepherd 231 N. Church St. Rocky Mount, NC
<b>IP Study</b>	8:00 pm	Open	Sunset Avenue Baptist Church 3732 Sunset Ave. Rocky Mount, NC

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## **NA Wednesday Meetings**

*\*Note: Meeting times and locations are subject to change.*

**CLOSED Meeting:** for those who have the desire to stop using substances

**OPEN Meeting:** open to the public

<b>Group Format</b>	<b>Time</b>	<b>Meeting Type</b>	<b>Location</b>
<b>Discussion/Participation</b>	8:00 am	Open	United Christian Ministries Shelter 341 McDonald St. Rocky Mount, NC
<b>Women Step Study Topic Discssion</b>	6:00 pm	Closed  Wheelchair Accessible	Wilson County Main Library Corner of Nash & Jackson St. Wilson, NC (Boardroom)
<b>Basic Text Beginner/Newcomer</b>	7:00 pm	Open  Wheelchair Accessible	Wilson Medical Center 1705 S. Tarboro St. SW Wilson, NC (Wells Fargo Room)
<b>Step Study</b>	7:30 pm	Open	Saint Paul's Church 204 E Chestnut St. Goldsboro, NC
<b>Discussion/Participation Candlelight Note: Last Wed of month LC Study</b>	8:00 pm	Open  Wheelchair Accessible	Nashville United Methodist Church 204 E. Church St. Nashville, NC

Please note, the information in this guide is subject to change. For questions regarding the resources listed you may contact Eastpointe at 1-800-913-6109.

## NA Thursday Meetings

\*Note: Meeting times and locations are subject to change.

**CLOSED Meeting:** for those who have the desire to stop using substances

**OPEN Meeting:** open to the public

<b>Group Format</b>	<b>Time</b>	<b>Meeting Type</b>	<b>Location</b>
<b>Discussion/Participation</b>	8:00 am	Open	United Christian Ministries Shelter 341 McDonald St. Rocky Mount, NC
<b>Speaker Step Study Beginner/Newcomer</b>	12:00 pm	Open  Wheelchair Accessible	ACT Building 608 Nash St. NE Wilson, NC
<b>Beginner/Newcomer</b>	12:00 pm	Open  Wheelchair Accessible	Pinky's Palace 310 A St. Goldsboro, NC
<b>Literature Study Step Study</b>	7:00 pm	Closed	Edgerton Memorial United Methodist Church 401 W Anderson St. Selma, NC (Around back up fire escape)
<b>Varies</b>	7:30 pm	Closed	First United Methodist Church 203 Tarboro St. Wilson, NC (Basement)
<b>Speaker</b>	7:30 pm	Open	Saint Paul's Church 204 E Chestnut St. Goldsboro, NC
<b>Discussion/Participation</b>	8:00 pm	Open	Church House 1803 Sunset Ave. Ext Tarboro, NC (Church house on road behind church)

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## NA Friday Meetings

\*Note: Meeting times and locations are subject to change.

**CLOSED Meeting:** for those who have the desire to stop using substances

**OPEN Meeting:** open to the public

Group Format	Time	Meeting Type	Location
Discussion/Participation	8:00 am	Open Wheelchair Accessible	United Christian Ministries Shelter 341 McDonald St. Rocky Mount, NC
Discussion/Participation	12:00 pm	Open	RC3 2860 Ward Blvd Suite C Wilson, NC
Unknown	12:00 pm	Open	Saint Paul's Church 204 E Chestnut St. Goldsboro, NC
Literature Study	6:00 pm	Open	Vidant Wellness Center 2610 Wellness Dr. Greenville, NC
IP Study Beginner/Newcomer	7:00 pm	Closed Wheelchair Accessible	Wilson Medical Center 1705 S. Tarboro St. Wilson, NC (Wells Fargo Room)
Speaker Discussion/Participation	7:00 pm	Open Wheelchair Accessible	United Christian Ministries Shelter 341 McDonald St. Rocky Mount, NC
Discussion/Participation	7:30 pm	Open	Saint Paul's Church 204 E Chestnut St. Goldsboro, NC
Basic Text	8:00 pm	Open	Church of The Good Shepherd 231 N Church St. Rocky Mount, NC (Entrance upstairs)
Discussion/Participation	8:00 pm	Open	Sunset Ave Baptist Church 3732 Sunset Ave. Rocky Mount, NC
Discussion/Participation	8:00 pm	Open	First Baptist Church Ministry Center 125 S 4 <sup>th</sup> St. Smithfield, NC

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## NA Saturday Meetings

\*Note: Meeting times and locations are subject to change.

**CLOSED Meeting:** for those who have the desire to stop using substances

**OPEN Meeting:** open to the public

<b>Group Format</b>	<b>Time</b>	<b>Meeting Type</b>	<b>Location</b>
<b>Discussion/Participation</b>	12:00 pm	Open	RC3 2860 Ward Blvd Suite C Wilson, NC
<b>Literature Study</b>	2:00 pm	Open	Vidant Wellness Center 2610 Wellness Dr. Greenville, NC
<b>Discussion/Participation Speaker</b>	7:00 pm	Closed	Edgerton Memorial United Methodist Church 401 W Anderson St. Selma, NC (Around back up fire escape)
<b>Varies</b>	7:30 pm	Closed	First United Methodist Church 203 Tarboro St. Wilson, NC (Basement)
<b>Discussion/Participation Last Saturday candlelight meeting</b>	7:30 pm	Open	Saint Paul's Church 204 E Chestnut St. Goldsboro, NC
<b>Discussion/Participation Speaker</b>	8:00 pm	Open	Church of The Good Shepherd 231 N Church St. Rocky Mount, NC

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## Additional Support Groups for Those in Recovery

**\*Note: Meeting times and locations are subject to change.**

Group	Information	Day/Time	Location
<b>Celebrate Recovery</b>	<a href="http://www.celebraterecovery.com">www.celebraterecovery.com</a> (visit site for additional locations) CR a biblical and balanced program that helps us overcome our hurts, hang-ups, and habits.	Fridays @ 7p	Temple Baptist Church 250 S Pollock St. Selma NC 919-965-6746
<b>Celebrate Recovery</b>	<a href="http://www.celebraterecovery.com">www.celebraterecovery.com</a> (visit site for additional locations) CR a biblical and balanced program that helps us overcome our hurts, hang-ups, and habits.	Fridays @ 7p	Crossroads Church 2721 E. Millbrook Rd. Raleigh, NC 919-981-0222
<b>Reformers Unanimous</b>	<a href="http://www.rurecovery.com">www.rurecovery.com</a> (visit site for additional locations) RU is a biblically based, Christ-centered recovery program designed to rescue, recover, and restore those in addictive behaviors with the power of the victorious hidden life found only in Jesus Christ.	Fridays @ 7p	Tabernacle Baptist Church 1815 Airport Blvd. W Wilson, NC 252-243-5369
<b>All Recovery</b>	All who are seeking recovery from addiction, family members and friends affected by addiction and community member who support recovery are all welcome.	Tuesdays @ 6:30p	RC3 2860 Ward Blvd Suite C Wilson, NC 252-991-7267

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## Adolescent Outpatient Resources in Wilson County

Location	Type of Assistance	Finances
<b>Carolina Outreach, LLC</b> 252-291-2200 252-437-8991 (after hours crisis) 608 W Nash St. Wilson, NC <a href="http://www.carolinaoutreach.com">www.carolinaoutreach.com</a>	Substance Use Disorders Mental Health (Primarily adult but will see ages 17+)	<b>Sliding Scale:</b> Yes (IPRS/Indigent) <b>Accepts Insurance Plans:</b> BCBS, HealthChoice, IPRS/Indigent, Medicaid, Self-Pay
<b>Carolina Wellness and Counseling, PLLC</b> 252-292-5454 405 West Nash St. Suite #208 Wilson, NC <a href="http://www.carolina-wellness.com">www.carolina-wellness.com</a>	Mental Health	<b>Accepts Insurance Plans:</b> Aetna, BlueCross BlueShield, Tricare, VA Choice Card, Champ VA, Self-Pay
<b>Getting Ready, Inc.</b> 252-281-1718 252-289-5890 (after hours crisis) 510 Church St. Black Creek, NC	Substance Use Disorders Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> HealthChoice/Medicaid
<b>Insight Therapeutic and Counseling Services</b> 252-814-6596 252-412-1313 (after hours crisis) 2231-H W. Nash St. Wilson, NC <a href="http://www.greenvilleinsighttherapy.com">www.greenvilleinsighttherapy.com</a>	Substance Use Disorders Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> BC/BC, Champus/Tricare, Cigna, HealthChoice, Medicaid, Self-Pay
<b>Monarch</b> 252-234-7800 252-234-7800 (after hours crisis) 2693 Forest Hills Rd., Suite D Wilson, NC <a href="http://www.monarchnc.org">www.monarchnc.org</a>	Mental Health	<b>Sliding Scale:</b> Yes (IPRS/Indigent) <b>Accepts Insurance Plans:</b> BCBS, HealthChoice, IPRS/Indigent, Medicaid, Medicare, Other Private Insurance, Self-Pay
<b>One to One Youth, Inc.</b> 252-991-3985 919-648-5582 (after hours crisis) 3011 Hwy 42 W. Suite G Wilson, NC	Substance Use Disorder	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> HealthChoice, Medicaid, Self-Pay
<b>Pride In North Carolina, Inc.</b> 252-265-9200 252-245-1876 (after hours crisis) 2130 A. Forest Hills Rd. Wilson, NC	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> Yes <b>Accepts Insurance Plans:</b> BC/BS, HealthChoice, IPRS/Indigent, Medicaid, Medicare, other Private Insurance, Self-Pay

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## Adolescent Outpatient Resources in Wilson County Con't

Location	Type of Assistance	Finances
<b>Psychological Medicine Clinic, PA</b> 252-291-6200 910-509-2227 (after hours crisis) 1810 Westwood Ave. W Wilson, NC	Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Aetna, BC/BS, Medicaid, UBH, United Healthcare
<b>Stepping Stones CR, Inc.</b> 919-269-9300 919-434-2225 (after hours crisis) 3904-A Airport Dr. Wilson, NC <a href="http://www.steppingstonescri.net">www.steppingstonescri.net</a>	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> HealthChoice, Medicaid and Self-Pay
<b>Wilson Psychiatric Associates A Carolina Partners Practice</b> 252-237-8403 2261 Nash St. NW Wilson, NC	Mental Health	<b>Sliding Scale:</b> Yes for Uninsured  <b>Accepts Insurance Plans:</b> Aetna, APS Healthcare, BCBS, Cigna/CBH, Coventry, Healthnet/TriCare, Humana, Magellan, Medcost, Medicare, UBH, Value Options, Worker's Comp

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## Adolescent Outpatient Resources Available Outside of Wilson County

Location	Type of Assistance	Finances
<b>Antonick , Lisa Ann</b> 518-669-1798 518-669-1798 (after hours crisis) 105 North First St. Suite # 3 Pinetops, NC	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield , HealthChoice , Medicaid , Self Pay
<b>Aspire Counseling &amp; Coaching</b> 252-375-8658 223-D Commerce St. Greenville, NC <a href="http://www.greenvillecounselingandcoaching.com">www.greenvillecounselingandcoaching.com</a>	Substance Use Disorder Mental Health  (Ages 10 and up)	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield, Champ VA, Medcost, Self Pay
<b>ClientFirst of NC, LLC</b> 919-330-4367 919-429-1443 (after hours crisis) 2719 Graves Dr. Suite #5 Goldsboro, NC	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield, Champus/Tricare, HealthChoice, IPRS/Indigent, Medicaid, Medicare, Self Pay
<b>Family Works Psychological Center, PLLC</b> 919-778-8551 919-778-8551 (after hours crisis) 1410 East Ash St. Goldsboro, NC <a href="http://www.familyworkscenter.com">www.familyworkscenter.com</a>	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Aetna , Blue Cross/Blue Shield, HealthChoice, IPRS/Indigent, Magellan, Medcost, Medicaid, Medicare, Self Pay, VA Rates
<b>Kingdom Development Services, Inc.</b> 252-563-5885 252-563-5885 (after hours crisis) 100 Neville St. Tarboro, NC 27886	Substance Use Disorder Mental Health	<b>Accepts Insurance Plans:</b> Medicaid , Self Pay
<b>PORT Human Services</b> 252-830-7540 Various locations throughout NC <a href="http://www.porthumanservices.org">www.porthumanservices.org</a>	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> Yes <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield, Medcost, Medicare, Aetna, CIGNA, Tricare, Magellan, CHAMPVA, Humana, United Health Care, NCHC, Medicaid Self Pay

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## Adolescent Outpatient Resources Available Outside of Wilson County Con't

Location	Type of Assistance	Finances
<b>Starting Pointe, Inc.</b> 252-443-6653 252-521-4627 (after hours crisis) 301 S. Church St., Suite #270 Rocky Mount, NC <a href="http://www.startingpointe.net">www.startingpointe.net</a>	Substance Use Disorder	<b>Sliding Scale:</b> Yes for Self-Pay <b>Accepts Insurance Plans:</b> Medicaid and Health Choice – no copay
<b>Valiant Families, PC</b> 252-451-4451 252-382-0110 (after hours crisis) 1153 Jeffreys Rd. Rocky Mount, NC	Substance Use Disorder Mental Health	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Aetna, Blue Cross/Blue Shield, Champus/Tricare, Cigna, HealthChoice, Medcost, Medicaid, Medicare, Self Pay

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## Adolescent Inpatient Resources

Location	Type of Assistance	Finances
<b>PORT Human Services</b> 252-830-7540 Various locations throughout NC <a href="http://www.porthumanservices.org">www.porthumanservices.org</a>	Substance Use Disorder Mental Health Varies at each location	<b>Sliding Scale:</b> Yes <b>Accepts Insurance Plans:</b> Blue Cross/Blue Shield, Medcost, Medicare, Aetna, CIGNA, Tricare, Magellan, CHAMPVA, Humana, United Health Care, NCHC, Medicaid Self Pay
<b>Strategic Behavioral Center</b> Locations in Charlotte, Garner, and Leland (855) 537-2262 <a href="http://www.strategicbh.com">www.strategicbh.com</a>	Substance Use Disorder Mental Health (Ages 0-19) Varies at each location	<b>Sliding Scale:</b> No <b>Accepts Insurance Plans:</b> Aetna, American Behavioral, Cigna, HealthPartners, Magellan Behavioral Health, Medicare, TRICARE, Uniform, Out of Network, Alliance, BC/BS, Health Net, Humana, Medicaid, Military OneSource, TriWest, United
<b>Teen Challenge USA</b> 417-581-2181 855-End-Addictions Check website for desired location <a href="http://www.teenchallengeusa.com">www.teenchallengeusa.com</a>	Substance Use Disorder	<b>Sliding Scale:</b> Varies by location  <b>Accepts Insurance Plans:</b> N/A

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## Adolescent Support Groups

### Alateen

[www.al-anon.alateen.org/for-alateen](http://www.al-anon.alateen.org/for-alateen)

Alateen is part of Al-Anon Family Groups. Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking. Alateen groups are sponsored by Al-Anon members who help the group to stay on track. \*<http://al-anon.alateen.org/for-alateen/how-will-alateen-help-me>

### Alateen Computer Chat Groups

[www.chat.alateen.net](http://www.chat.alateen.net)

\*Note: Meeting times are subject to change.

Day	Start Time	Room
Sunday	2:00 pm Central Time	Tennessee Alateen Room
Sunday	7:00 pm Mountain Time	Alberta NT Alateen Room
Sunday	9:00 pm Mountain Time	Idaho Alateen Room
Monday	7:00 pm Atlantic Time	Maritime Provinces Alateen Room
Monday	7:00 pm Pacific Time	Washington Alateen Room
Wednesday	4:00 pm Pacific Time	Nevada Alateen Room
Wednesday	5:30 pm Central Time	Iowa Alateen Room
Wednesday	7:30 pm Mountain Time	Montana Alateen Room

### Alateen Face to Face Groups

[www.al-anon.alateen.org/for-alateen](http://www.al-anon.alateen.org/for-alateen)

1-888-425-2666

\*Note: Meeting times and locations are subject to change

Location	Meeting Time	Ages
<b>Garner United Methodist Church</b> 919-772-2042 201 Methodist Dr. Garner, NC	Friday @ 8:00 pm	8-19
<b>Duke Memorial United Methodist Church</b> 919-683-3467 504 W Chapel Hill St. Durham, NC	Sunday @ 8:00 pm	8-20
<b>Hudson Memorial Presbyterian Church</b> 919-787-1086 4921 Six Forks Rd. Raleigh, NC	Monday @ 8:00 pm	8-12

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## Support Groups for Family Members/Loved Ones

### Nar-Anon

[www.nar-anon.org](http://www.nar-anon.org)

A 12-step program for families and friends of addicts.

**\*Note: Meeting times and locations are subject to change.**

Day	Time	Location
Sunday	7:30 pm	Oakland Presbyterian Church 8927 Cleveland Rd. Clayton, NC (Entrance is at back of the church)
Monday	7:00 pm	Alliance Medical Ministry 101 Donald Ross Dr. Raleigh, NC (Meets in the church sanctuary)
Tuesday	8:00 pm	Raleigh Vineyard Christian Fellowship Church 6894 Litchford Rd. Raleigh, NC (Please enter through rear of church)
Wednesday	8:00 pm	Nashville United Methodist Church 209 E Washington St. Nashville, NC
Wednesday	7:30 pm	First Baptist Church 99 N. Salisbury St. Raleigh, NC (Ring intercom button at parking lot doors)
Thursday	7:00 pm	Covenant Church House #3 4025 Corey Rd. Winterville, NC
Thursday	7:00 pm	Kenansville Baptist Church 114 Routledge Rd. Kenansville, NC
Thursday	8:00 pm	Greenwood Forest Baptist Church 110 Maynard Rd. Cary, NC (Meets in room 110/ NA meeting at the same time)

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## Support Groups for Family Members/Loved Ones Con't

### Al-Anon

[www.al-anon.org](http://www.al-anon.org)

A 12-step program for families and friends of alcoholics.

**\*Note: Meeting times and locations are subject to change.**

Day	Time	Location
Thursday	7pm	West Nash United Methodist Church 2200 Nash St. N Wilson, NC
Thursday	7pm	St. Paul United Methodist Church 1217 Bethlehem Rd. Rocky Mount, NC

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## Additional Support Groups for Family Members/Loved Ones

**\*Note: Meeting times and locations are subject to change.**

Group	Information	Day/Time	Location
<b>Boundaries of Prodigal Care</b>	Faith based support group for family members/loved ones of someone struggling with addiction	Sundays @ 6:30 pm	Peace Church 2838 Tilghman Rd. Wilson, NC 252-291-1080 Contact: <a href="mailto:prodigalcare@myglnc.com">prodigalcare@myglnc.com</a>
<b>Celebrate Recovery</b>	<a href="http://www.celebraterecovery.com">www.celebraterecovery.com</a> (visit site for additional locations) CR a biblical and balanced program that helps us overcome our hurts, hang-ups, and habits.	Fridays @ 7:00 pm	Temple Baptist Church 250 S Pollock St. Selma NC 919-965-6746
<b>Celebrate Recovery</b>	<a href="http://www.celebraterecovery.com">www.celebraterecovery.com</a> (visit site for additional locations) CR a biblical and balanced program that helps us overcome our hurts, hang-ups, and habits.	Fridays @ 7:00 pm	Crossroads Church 2721 E. Millbrook Rd. Raleigh, NC 919-981-0222
<b>Reformers Unanimous</b>	<a href="http://www.rurecovery.com">www.rurecovery.com</a> (visit site for additional locations) RU is a biblically based, Christ-centered recovery program designed to rescue, recover, and restore those in addictive behaviors with the power of the victorious hidden life found only in Jesus Christ.	Fridays @ 7:00 pm	Tabernacle Baptist Church 1815 Airport Blvd. W Wilson, NC 252-243-5369
<b>All Recovery</b>	All who are seeking recovery from addiction, family members and friends affected by addiction and community members who support recovery are all welcomed	Tuesdays @ 6:30pm	RC3 2860 Ward Blvd Suite C Wilson, NC

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