

# WILSON COUNTY SUBSTANCE PREVENTION COALITION

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## WCSPC HISTORY

*The Wilson County Substance Prevention Coalition was established in April 2007. The coalition is organized for the charitable purpose of reducing substance misuse by addressing factors in the community that increases the risk of substance misuse and promoting the factors that minimize that risk.*

*Recovery Concepts Community Center (RC3) is a community recovery center and an initiative of The Wilson County Substance Prevention Coalition, created in 2017. This community center is for those working to sustain and maintain their recovery from substance use disorders can visit the center to take part in educational opportunities, group meetings, social events, or just to hang out in a place that is recovery informed, friendly, and healthy.*



*Wilson County Substance Prevention Coalition staff picture*

*(from left to right) Jeff Hill, Pamela Letchworth, Ashlie Smith, Anna Davis, Jennifer Lane (not pictured: Morgan Miller)*

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## WCSPC ANNOUNCEMENTS

*The WCSPC is SO excited to announce the upcoming youth coalition! The youth coalition will work under the WCSPC with the same mission, reducing substance misuse. The youth coalition will provide youth the opportunity to serve their community as well as have a direct voice and influence on prevention initiatives in Wilson County. It will also create community service opportunities, as well as leadership, and recruitment opportunities! We already have several steering committee members that have committed to being a part as well as a few youth that are interested.*

*If you would like more information about this contact us and we would be happy to talk with you!*

# YOUTH COALITION

# UPCOMING EVENTS

- **Stretching For Health** - Mondays 9:00am (pre-walk at 8:15am), Thursdays 9:00am (pre-walk at 8:15am)
- **Open Narcotics Anonymous Meeting** - Mondays 12:00pm, Fridays 7:00pm
- **Easy Does It Café** - Mondays 6:00pm
- **Veteran's Expression Support Group** - Wednesdays 7pm (starting July 13th)
- **Open Alcoholics Anonymous Meeting** - Wednesdays 7:00pm
- **Recovery Through Art** - July 12, 6:30pm, July 26 6:30pm
- **Live Life In Color Run** - September 24, 8:00am

# TRAINING OPPORTUNITIES

- **Listening v. Hearing: Ways to Improve Your Listening Skills** - July 13, 11:00am
- **Expungement Clinic** - July 14, 11:00am
- **Youth Mental Health First Aid** - July 19, 8:30am

# WCSPC MILESTONES

*The WCSPC's Community Engagement Coordinator, Anna Davis, and RC3's Coordinator, Jennifer Lane, both celebrate their one year anniversary working with the Coalition/RC3 in July! Anna has been with us since July 6, 2021 and Jennifer since July 19, 2021!*



Anna Davis



Jennifer Lane

# MEMBER SPOTLIGHT

Hi, my name is Teresa Ellen, and I am pleased to have served on the Wilson County Substance Prevention Coalition Board for the last eight years. I have worked in public health for 28 years. I began my Public Health Career as a quality improvement nurse in Home Health, moved up through the ranks to Home Health Supervisor, Nursing Director, and Deputy Director at the Craven County Health Department. I achieved my ultimate career goal as the Wilson County Health Director in 2013 and I continue to enjoy my public health career. I am a nurse by trade with a BSN from East Carolina University and a master's in public health from UNC Chapel Hill. As a nurse in the field of public health, substance misuse has for many years been a health priority I have worked to improve in my community. It continues to be a health priority identified in Wilson County's most recent community health assessment. I am very proud of our Wilson County Substance Prevention Coalition and the many partners who have made great progress toward both prevention and harm reduction. While there is still much work to be done Wilson County Substance Prevention Coalition continues to make improvements in the availability of prevention, protection, and treatment of those with substance misuse disorder.

In my personal life I have been married to my husband, Kenny, for 35 years and we have two children and 7 grandchildren. The beach is my happy place and I also enjoy traveling. I look forward to continuing my service on the Wilson County Substance Prevention Coalition Board.



Theresa Ellen

# PARTNER PORTION

The Wilson County EMS System is grateful for the opportunity to serve the community by supporting the efforts of the PORT Team. By providing bedside resources to patients that are administered Naloxone by the EMS System, we seek to educate members of public regarding the various treatment and recovery resources made available by our community partners. Some of our efforts as a member of the PORT Team are as follows.

- Providing bedside Narcan education.
- Providing education around recovery and treatment resources.
- Distributing lock boxes.
- Distributing medication disposal kits.
- Participation in peer-support follow-up.
- Community Narcan Administration Education.

As of June 1st, 2022, we are pleased to announce that Esteban Arizpe has agreed to serve as the Wilson County EMS System Community Paramedic. Paramedic Arizpe has served our community as an EMS provider for ten years. The Community Paramedic program will help us continue our efforts to support the work of the PORT Team.



Micheal Cobb and Kalif Ward, two Wilson County EMS paramedics posing for RC3's "Jeff on a Shelf" campaign in December 2021.

# IN THE COMMUNITY

On June 11th, the WCSPC attended the Wilson Farmers and Artisan Market at the Whirligig Park. We set up a table at the Farmers Market at least once a month and bring all of our free Lock Your Meds items and prevention education materials! This time, we were able to distribute 125 Lock Your Meds items that are now being used within the community!

[www.historicdowntownwilson.com/farmers-artisan-market/](http://www.historicdowntownwilson.com/farmers-artisan-market/)



Anna Davis, Morgan Miller, and Jeff Hill at the Farmers Market!

*"When you give joy to other people, you get more joy in return. You should give a good thought to happiness that you can give out."  
~Eleanor Roosevelt*

# CONTACT US

[Click here](#) to leave us a message

or by

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Or [click here](#) to leave an anonymous comment/suggestion